

**101 Foundational Level Public Speaking Program Weekly Summary
Week 1**

Dear Youth Leaders and Speakers,

We had a great class this evening! Meeting new students is always a privilege and we have many gifted public speakers in our 101 class. We spoke about the next 12 weeks and gave an introductory lesson on how to introduce ourselves. It is essentially how to “break the ice” in a speech and find things in common with the audience. I then shared what the next 11 weeks of topics would include. The students were informed that they would give a speech each week that would be evaluated on the following 10 points:

1. Clear introduction
2. Organization
3. Appropriate tone and voice as instrument
4. Body language/visual aids/hands/arms
5. Eye contact
6. Kept the audience's attention
7. Minimal distractions
8. Word usage/descriptive vocabulary
9. Summarizing conclusion
10. Won the Q and A

Homework: Find an object that represents your life. Give a 60 – 90 second speech talking about how that object represents you and/or is important to you. Students will give their feedback on things they liked from each other's' speeches.

If there are any questions or comments, I would be more than happy to answer them and you can email me at nick@gmail.com.

Until next time!

Coach Nick